Proxy School Refusal Assessment Scale-Revised (Proxy SRAS)

Children sometimes have different reasons for not going to school. Some children feel badly at school, some have trouble with other people, some just want to be with their family, and others like to do things that are more fun outside of school.

The next few questions ask about why your child doesn't want to go to school. For each question, select the answer that describes your child best for the last few days.
○ Continue
In the last few days, how often does your child have bad feelings about going to school because he/she is afraid of something related to school (for example, tests, school bus, teacher, fire alarm)?
 Never Seldom Sometimes Half the time Usually Almost always Always
In the last few days, how often does your child stay away from school because it is hard for him/her to speak with the other kids at school?
 ○ Never ○ Seldom ○ Sometimes ○ Half the time ○ Usually ○ Almost always ○ Always
In the last few days, how often does your child feel he/she would rather be with you or your spouse than go to school?
 ○ Never ○ Seldom ○ Sometimes ○ Half the time ○ Usually ○ Almost always ○ Always
In the last few days, when your child is not in school during the week (Monday to Friday), how often does he/she leave the house and do something fun?
 ○ Never ○ Seldom ○ Sometimes ○ Half the time ○ Usually ○ Almost always ○ Always

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In the last few days, how often does your child stay away from school because he/she will feel sad or depressed if he/she goes?
 Never Seldom Sometimes Half the time Usually Almost always Always
In the last few days, how often does your child stay away from school because he/she feels embarrassed in front of other people at school?
 ○ Never ○ Seldom ○ Sometimes ○ Half the time ○ Usually ○ Almost always ○ Always
In the last few days, how often does your child think about you or your spouse or family when in school?
 ○ Never ○ Seldom ○ Sometimes ○ Half the time ○ Usually ○ Almost always ○ Always
In the last few days, when your child is not in school during the week (Monday to Friday), how often does he/she talk to or see other people (other than his/her family)?
 ○ Never ○ Seldom ○ Sometimes ○ Half the time ○ Usually ○ Almost always ○ Always
In the last few days, how often does your child feel worse at school (for example, scared, nervous, or sad) compared to how he/she feels at home with friends?
 ○ Never ○ Seldom ○ Sometimes ○ Half the time ○ Usually ○ Almost always ○ Always

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In the last few days, how often does your child stay away from school because he/she does not have many friends there?
 ○ Never ○ Seldom ○ Sometimes ○ Half the time ○ Usually ○ Almost always ○ Always
In the last few days, how much would your child rather be with his/her family than go to school?
 Never Seldom Sometimes Half the time Usually Almost always Always
In the last few days, when your child is not in school during the week (Monday to Friday), how much does he/she enjoy doing different things (for example, being with friends, going places)?
 Never Seldom Sometimes Half the time Usually Almost always Always
In the last few days, how often does your child have bad feelings about school (for example, scared, nervous, or sad) when he/she thinks about school on Saturday and Sunday?
 ○ Never ○ Seldom ○ Sometimes ○ Half the time ○ Usually ○ Almost always ○ Always
In the last few days, how often does your child stay away from certain places in school (e.g., hallways, places where certain groups of people are) where he/she would have to talk to someone?
 Never Seldom Sometimes Half the time Usually Almost always Always

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In the last few days, how much would your child rather be taught by you or your spouse at home than by his/her teacher at school?
 Never Seldom Sometimes Half the time Usually Almost always Always
In the last few days, how often does your child refuse to go to school because he/she wants to have fun outside of school?
 Never Seldom Sometimes Half the time Usually Almost always Always
In the last few days, if your child had less bad feelings (for example, scared, nervous, sad) about school, would it be easier for him/her to go to school?
 Never Seldom Sometimes Half the time Usually Almost always Always
In the last few days, if it were easier for your child to make new friends, would it be easier for him/her to go to school?
 Never Seldom Sometimes Half the time Usually Almost always Always
In the last few days, would it be easier for your child to go to school if you or your spouse went with him/her?
 Never Seldom Sometimes Half the time Usually Almost always Always

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In the last few days, would it be easier for your child to go to school if he/she could do more things he/she likes to do after school hours (for example, being with friends)?
 Never Seldom Sometimes Half the time Usually Almost always Always
In the last few days, how much more does your child have bad feelings about school (for example, scared, nervous, or sad) compared to other kids his/her age?
 Never Seldom Sometimes Half the time Usually Almost always Always
In the last few days, how often does your child stay away from people at school compared to other kids his/her age?
 Never Seldom Sometimes Half the time Usually Almost always Always
In the last few days, would your child like to be home with you or your spouse more than other kids his/her age would?
 Never Seldom Sometimes Half the time Usually Almost always Always
In the last few days, would your child rather be doing fun things outside of school more than most kids his/her age?
 Never Seldom Sometimes Half the time Usually Almost always Always

