

NIH Toolbox Loneliness

In the past month, please describe how often...

I feel alone and apart from others

- Never
- Rarely
- Sometimes
- Usually
- Always

In the past month, please describe how often...

I feel left out

- Never
- Rarely
- Sometimes
- Usually
- Always

In the past month, please describe how often...

I feel that I am no longer close to anyone

- Never
- Rarely
- Sometimes
- Usually
- Always

In the past month, please describe how often...

I feel alone

- Never
- Rarely
- Sometimes
- Usually
- Always

In the past month, please describe how often...

I feel lonely

- Never
- Rarely
- Sometimes
- Usually
- Always