

# NIH Toolbox Pediatric Loneliness

## In the past month, please describe how often...

I feel that I have nobody to talk to

- Never
- Rarely
- Sometimes
- Usually
- Always

## In the past month, please describe how often...

I feel alone and apart from others

- Never
- Rarely
- Sometimes
- Usually
- Always

## In the past month, please describe how often...

I feel left out

- Never
- Rarely
- Sometimes
- Usually
- Always

## In the past month, please describe how often...

I feel that I don't have any friends

- Never
- Rarely
- Sometimes
- Usually
- Always

## In the past month, please describe how often...

I feel that there is no one I can go to when I need help

- Never
- Rarely
- Sometimes
- Usually
- Always

**In the past month, please describe how often...**

I feel alone

- Never
- Rarely
- Sometimes
- Usually
- Always

**In the past month, please describe how often...**

I feel lonely

- Never
- Rarely
- Sometimes
- Usually
- Always