Life Satisfaction – Short Form 8a

Please respond to each question or statement by marking one box per row.

Thinking about the past 4 weeks...

<u></u>		Not at all	A little bit	Somewhat	Quite a bit	Very much
SWB_LS_046R1	I was satisfied with my life	1	2	3	4	5
SWB_LS_048R1	I was happy with my life	1	2	3	4	5
SWB_LS_051R1	I had a good life	1	2	3	4	5
SWB_LS_019R1	I had what I wanted in life	1	2	3	4	5
SWB_LS_004R1	My life was outstanding	1	2	3	4	5
SWB_LS_003R1	My life was the best	1	2	3	4	5
SWB_LS_006R1	My life was great	1	2	3	4	5
SWB_LS_055R1	I enjoyed my life	1	2	3	4	5