

# Personality Inventory for DSM-5 Brief Form (PID-5-BF)

**Select the response that best describes you**

People would describe me as reckless.

- ☐ Very False or Often False
- ☐ Sometimes or Somewhat False
- ☐ Sometimes or Somewhat True
- ☐ Very True or Often True

**Select the response that best describes you**

I feel like I act totally on impulse.

- ☐ Very False or Often False
- ☐ Sometimes or Somewhat False
- ☐ Sometimes or Somewhat True
- ☐ Very True or Often True

**Select the response that best describes you**

Even though I know better, I can't stop making rash decisions.

- ☐ Very False or Often False
- ☐ Sometimes or Somewhat False
- ☐ Sometimes or Somewhat True
- ☐ Very True or Often True

**Select the response that best describes you**

I often feel like nothing I do really matters.

- ☐ Very False or Often False
- ☐ Sometimes or Somewhat False
- ☐ Sometimes or Somewhat True
- ☐ Very True or Often True

**Select the response that best describes you**

Others see me as irresponsible.

- ☐ Very False or Often False
- ☐ Sometimes or Somewhat False
- ☐ Sometimes or Somewhat True
- ☐ Very True or Often True

**Select the response that best describes you**

I'm not good at planning ahead.

- ☐ Very False or Often False
- ☐ Sometimes or Somewhat False
- ☐ Sometimes or Somewhat True
- ☐ Very True or Often True

**Select the response that best describes you**

My thoughts often don't make sense to others.

- ☐ Very False or Often False
- ☐ Sometimes or Somewhat False
- ☐ Sometimes or Somewhat True
- ☐ Very True or Often True

**Select the response that best describes you**

I worry about almost everything.

- ☐ Very False or Often False
- ☐ Sometimes or Somewhat False
- ☐ Sometimes or Somewhat True
- ☐ Very True or Often True

**Select the response that best describes you**

I get emotional easily, often for very little reason.

- ☐ Very False or Often False
- ☐ Sometimes or Somewhat False
- ☐ Sometimes or Somewhat True
- ☐ Very True or Often True

**Select the response that best describes you**

I fear being alone in life more than anything else.

- ☐ Very False or Often False
- ☐ Sometimes or Somewhat False
- ☐ Sometimes or Somewhat True
- ☐ Very True or Often True

**Select the response that best describes you**

I get stuck on one way of doing things, even when it's clear it won't work.

- ☐ Very False or Often False
- ☐ Sometimes or Somewhat False
- ☐ Sometimes or Somewhat True
- ☐ Very True or Often True

**Select the response that best describes you**

I have seen things that weren't really there.

- ☐ Very False or Often False
- ☐ Sometimes or Somewhat False
- ☐ Sometimes or Somewhat True
- ☐ Very True or Often True

**Select the response that best describes you**

I steer clear of romantic relationships.

- ☐ Very False or Often False
- ☐ Sometimes or Somewhat False
- ☐ Sometimes or Somewhat True
- ☐ Very True or Often True

**Select the response that best describes you**

I'm not interested in making friends.

- ☐ Very False or Often False
- ☐ Sometimes or Somewhat False
- ☐ Sometimes or Somewhat True
- ☐ Very True or Often True

**Select the response that best describes you**

I get irritated easily by all sorts of things.

- ☐ Very False or Often False
- ☐ Sometimes or Somewhat False
- ☐ Sometimes or Somewhat True
- ☐ Very True or Often True

**Select the response that best describes you**

I don't like to get too close to people.

- ☐ Very False or Often False
- ☐ Sometimes or Somewhat False
- ☐ Sometimes or Somewhat True
- ☐ Very True or Often True

**Select the response that best describes you**

It's no big deal if I hurt other peoples' feelings.

- ☐ Very False or Often False
- ☐ Sometimes or Somewhat False
- ☐ Sometimes or Somewhat True
- ☐ Very True or Often True

**Select the response that best describes you**

I rarely get enthusiastic about anything.

- ☐ Very False or Often False
- ☐ Sometimes or Somewhat False
- ☐ Sometimes or Somewhat True
- ☐ Very True or Often True

**Select the response that best describes you**

I crave attention.

- ☐ Very False or Often False
- ☐ Sometimes or Somewhat False
- ☐ Sometimes or Somewhat True
- ☐ Very True or Often True

**Select the response that best describes you**

I often have to deal with people who are less important than me.

- ☐ Very False or Often False
- ☐ Sometimes or Somewhat False
- ☐ Sometimes or Somewhat True
- ☐ Very True or Often True

**Select the response that best describes you**

I often have thoughts that make sense to me but that other people say are strange.

- ☐ Very False or Often False
- ☐ Sometimes or Somewhat False
- ☐ Sometimes or Somewhat True
- ☐ Very True or Often True

**Select the response that best describes you**

I use people to get what I want.

- ☐ Very False or Often False
- ☐ Sometimes or Somewhat False
- ☐ Sometimes or Somewhat True
- ☐ Very True or Often True

**Select the response that best describes you**

I often "zone out" and then suddenly come to and realize that a lot of time has passed.

- ☐ Very False or Often False
- ☐ Sometimes or Somewhat False
- ☐ Sometimes or Somewhat True
- ☐ Very True or Often True

**Select the response that best describes you**

Things around me often feel unreal, or more real than usual.

- ☐ Very False or Often False
- ☐ Sometimes or Somewhat False
- ☐ Sometimes or Somewhat True
- ☐ Very True or Often True

**Select the response that best describes you**

It is easy for me to take advantage of others.

- ☐ Very False or Often False
- ☐ Sometimes or Somewhat False
- ☐ Sometimes or Somewhat True
- ☐ Very True or Often True