

Columbia-Suicide Severity Rating Scale - Since Last Visit (CSSRS)

The next few questions will ask about your risk of self-harm.

For immediate support, please call 911 or visit your nearest emergency room or crisis center. If you are having thoughts of self-harm, it is important for you to schedule an immediate evaluation where a mental health professional can determine your safety.

Continue

Since your last visit...

Have you wished you were dead or wished you could go to sleep and not wake up?

- Yes
 No

Since your last visit...

Have you actually had any thoughts of killing yourself?

- Yes
 No

Since your last visit...

Have you thought about how you might do this?

- Yes
 No

Since your last visit...

Have you had any intention of acting on these thoughts of killing yourself, as opposed to you have the thoughts, but you definitely would not act on them?

- Yes
 No

Since your last visit...

Have you started to work out, or actually worked out, the specific details of how to kill yourself and did you actually intend to carry out the details of your plan?

- Yes
 No

Since your last visit...

Have you done anything, started to do anything, or prepared to do anything to end your life?

- Yes
 No