

General Anxiety Disorder - 7

Over the last 2 weeks, how often have you been bothered by the following problems?

Feeling nervous, anxious or on edge

- ☐ Not at All
- ☐ Several Days
- ☐ More than half the days
- ☐ Nearly every day

Over the last 2 weeks, how often have you been bothered by the following problems?

Not being able to stop or control worrying

- ☐ Not at All
- ☐ Several Days
- ☐ More than half the days
- ☐ Nearly every day

Over the last 2 weeks, how often have you been bothered by the following problems?

Worrying too much about different things

- ☐ Not at All
- ☐ Several Days
- ☐ More than half the days
- ☐ Nearly every day

Over the last 2 weeks, how often have you been bothered by the following problems?

Trouble relaxing

- ☐ Not at All
- ☐ Several Days
- ☐ More than half the days
- ☐ Nearly every day

Over the last 2 weeks, how often have you been bothered by the following problems?

Being so restless that it is hard to sit still

- ☐ Not at All
- ☐ Several Days
- ☐ More than half the days
- ☐ Nearly every day

Over the last 2 weeks, how often have you been bothered by the following problems?

Becoming easily annoyed or irritable

- ☐ Not at All
- ☐ Several Days
- ☐ More than half the days
- ☐ Nearly every day

Over the last 2 weeks, how often have you been bothered by the following problems?

Feeling afraid as if something awful might happen

- ☐ Not at All
- ☐ Several Days
- ☐ More than half the days
- ☐ Nearly every day