

PROMIS Adult Anxiety

In the past 7 days

I felt fearful.

- Never
- Rarely
- Sometimes
- Often
- Always

In the past 7 days

I found it hard to focus on anything other than my anxiety.

- Never
- Rarely
- Sometimes
- Often
- Always

In the past 7 days

My worries overwhelmed me.

- Never
- Rarely
- Sometimes
- Often
- Always

In the past 7 days

I felt uneasy.

- Never
- Rarely
- Sometimes
- Often
- Always