

# PROMIS Pediatric Mobility

## In the past 7 days...

I could do sports and exercise that other kids my age could do

- With no trouble
- With a little trouble
- With some trouble
- With a lot of trouble
- Not able to do

## In the past 7 days...

I could get up from the floor

- With no trouble
- With a little trouble
- With some trouble
- With a lot of trouble
- Not able to do

## In the past 7 days...

I could keep up when I played with other kids

- With no trouble
- With a little trouble
- With some trouble
- With a lot of trouble
- Not able to do

## In the past 7 days...

I could move my legs

- With no trouble
- With a little trouble
- With some trouble
- With a lot of trouble
- Not able to do

## In the past 7 days...

I could stand up by myself

- With no trouble
- With a little trouble
- With some trouble
- With a lot of trouble
- Not able to do

**In the past 7 days...**

I could stand up on my tiptoes

- With no trouble
- With a little trouble
- With some trouble
- With a lot of trouble
- Not able to do

**In the past 7 days...**

I could walk up stairs without holding on to anything

- With no trouble
- With a little trouble
- With some trouble
- With a lot of trouble
- Not able to do

**In the past 7 days...**

I have been physically able to do the activities I enjoy most

- With no trouble
- With a little trouble
- With some trouble
- With a lot of trouble
- Not able to do