

Patient Health Questionnaire - Adolescent

Please complete the survey below.

Thank you!

Over the last 2 weeks how often have you been bothered by any of the following problems?

1) Feeling down, depressed, irritable or hopeless?

- Not at all
- Several days
- More than half the days
- Nearly every day

Over the last 2 weeks how often have you been bothered by any of the following problems?

2) Little interest or pleasure in doing things?

- Not at all
- Several days
- More than half the days
- Nearly every day

Over the last 2 weeks how often have you been bothered by any of the following problems?

3) Trouble falling asleep, staying asleep, or sleeping too much?

- Not at all
- Several days
- More than half the days
- Nearly every day

Over the last 2 weeks how often have you been bothered by any of the following problems?

4) Poor appetite, weight loss, or overeating?

- Not at all
- Several days
- More than half the days
- Nearly every day

Over the last 2 weeks how often have you been bothered by any of the following problems?

5) Feeling tired, or having little energy?

- Not at all
- Several days
- More than half the days
- Nearly every day

Over the last 2 weeks how often have you been bothered by any of the following problems?

- 6) Feeling bad about yourself - or feeling that you are a failure, or that you have let yourself or your family down?
- Not at all
 - Several days
 - More than half the days
 - Nearly every day

Over the last 2 weeks how often have you been bothered by any of the following problems?

- 7) Trouble concentrating on things like school work, reading or watching TV?
- Not at all
 - Several days
 - More than half the days
 - Nearly every day

Over the last 2 weeks how often have you been bothered by any of the following problems?

- 8) Moving or speaking so slowly that other people could have noticed?
Or the opposite - being so fidgety or restless that you were moving around a lot more than usual?
- Not at all
 - Several days
 - More than half the days
 - Nearly every day

Over the last 2 weeks how often have you been bothered by any of the following problems?

- 9) Thoughts that you would be better off dead, or of hurting yourself in some way?
- Not at all
 - Several days
 - More than half the days
 - Nearly every day